

What is hemorrhoid banding?

Hemorrhoids are pockets of swollen blood vessels inside the anus. While they can be uncomfortable, they're relatively common in adults. In some cases, you can treat them at home.

Hemorrhoid banding, also called rubber band ligation, is a treatment method for hemorrhoids that don't respond to home treatments. It's a minimally invasive technique that involves tying the base of the hemorrhoid with a rubber band to stop blood flow to the hemorrhoid.