## What is infusion therapy?

"Infusion" or "infusion therapy" refers to the delivery of medications directly into the veins of a patient, also known as intravenous or IV administration. Intravenous/Infusion or injectable methods of drug delivery are typically used when oral/pill medications are insufficient, inappropriate, or unavailable. Many of the newest medications are biologic (made or derived from living cells) and cannot be taken orally like a pill because they will not remain effective after exposure to the digestive system. Biologic medications are often used to treat inflammatory bowel diseases which include Crohn's disease and ulcerative colitis along with other autoimmune disorders.

What medications are available through infusion therapy?

The following medications are available to patients through infusion therapy:

- · Remicade®
- · Infliximab biosimilars Inflectra, Renflexis, Avsola
- · Iron products
- · Entyvio®
- · Stelara®

How do I prepare for my infusion therapy?

To prepare for your infusion therapy:

- · Drink plenty of water
- · Wear clothing with layers
- · Wear comfortable clothes
- · Some patients may need to premedicate
- · Bring a list of current medications